

East Fork Triathlon & Duathlon

Age Group Results

August 07, 2011

HFP Racing hfpracing.com/results

Olympic Triathlon - Age Group

Female 25 to 29

Overall				----- Swim - -----		T1 -----		----- Bike -----		T2 -----		----- Run -----		Total	
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	13	Laura Bange	309	26	2	23:09	2	01:28	1	1:20:52	1	00:49	1	46:58	2:33:19
2	28	Jennifer Schilling	335	28	1	22:04	1	01:21	2	1:24:13	3	01:50	3	53:15	2:42:45
3	34	Ashley Ruef	311	28	3	28:19	3	01:49	3	1:32:53	2	01:19	2	50:22	2:54:44

Female 30 to 34

Overall				----- Swim - -----		T1 -----		----- Bike -----		T2 -----		----- Run -----		Total	
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	11	Carrie Thelen	295	33	1	19:47	1	01:25	1	1:17:06	1	01:02	2	53:08	2:32:30
2	23	heather poast	296	31	2	20:48	3	01:43	3	1:22:52	3	01:46	3	53:39	2:40:50
3	27	Meghan Frost	319	32	5	27:47	2	01:30	2	1:22:37	2	01:22	1	49:27	2:42:44
4	46	Kristina Taylor	310	30	3	23:27	4	01:49	4	1:29:11	5	01:54	5	1:06:29	3:02:52
5	54	Susan Ellison	300	34	4	27:44	5	02:36	5	1:41:59	4	01:51	4	1:04:05	3:18:16

Female 35 to 39

Overall				----- Swim - -----		T1 -----		----- Bike -----		T2 -----		----- Run -----		Total	
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	16	Gabrielle McBride	427	36	1	23:14	1	01:17	1	1:19:47	1	00:53	1	49:45	2:34:59
2	30	Libby Wilson	337	37	2	23:50	3	01:34	3	1:27:12	3	02:03	2	53:31	2:48:13
3	35	Beth Ballein	317	37	3	29:10	2	01:33	2	1:26:40	2	01:20	3	56:13	2:54:58

Female 40 to 44

Overall				----- Swim - -----		T1 -----		----- Bike -----		T2 -----		----- Run -----		Total	
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time

Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	43	Erin Lawry	305	40	2	32:55	1	01:10	1	1:25:24	2	01:46	1	58:18	2:59:36
2	58	Sue Zurface	412	41	1	31:51	2	02:05	2	1:35:28	1	01:45	2	1:24:50	3:36:01

Female 45 to 49

Overall			----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	14	Laurie Davis	293	45	1	24:50	2	01:42	1	1:19:10	1	01:14	2	46:56	2:33:54
2	24	Jill Peters	308	46	2	28:07	3	01:58	2	1:24:34	2	01:19	1	44:56	2:40:57
3	53	Catherine Perhala	352	45	4	32:55	1	01:21	4	1:39:58	4	01:48	3	57:30	3:13:33
4	55	Susan Felter	313	49	5	33:05	4	02:04	3	1:33:02	3	01:36	4	1:09:51	3:19:39
5	60	Cheryl Vasan	417	45	3	28:20	5	03:57	5	2:11:51	5	03:46	5	1:16:37	4:04:33

Female 50 to 54

Overall			----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	32	Linda Gilbert	291	50	1	26:24	2	01:47	1	1:23:19	1	01:28	1	55:56	2:48:55
2	48	Annmarie Cochrell	304	50	2	28:07	3	01:56	3	1:32:41	2	01:35	3	1:00:44	3:05:05
3	52	Debbie Tighe	312	54	4	37:02	1	01:13	2	1:32:25	3	02:00	2	58:32	3:11:14
4	61	Ellen Gould	302	50	3	35:30	4	03:31	4	1:56:31	4	02:59	4	1:33:51	4:12:24

Male 20 to 24

Overall			----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	4	Robert Sturm	320	22	1	18:28	3	01:35	1	1:10:50	1	00:38	1	45:48	2:17:21
2	22	Alex Lohse	344	21	4	26:10	2	01:23	3	1:19:27	4	01:02	2	52:45	2:40:49
3	25	Alex Swary	323	22	5	28:52	5	02:36	2	1:15:21	5	01:29	3	52:53	2:41:14
4	33	Andy Garlock	340	22	2	19:35	1	01:13	4	1:25:22	3	00:58	5	1:03:04	2:50:15
5	40	Nicholas Meyer	338	21	3	20:23	4	01:56	5	1:35:33	2	00:47	4	59:52	2:58:33

Male 25 to 29

Overall			----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	3	Keith Harris	299	29	3	26:35	1	00:56	1	1:08:13	1	01:01	1	40:03	2:16:49
2	6	Matt Sievers	301	26	1	17:22	2	01:00	2	1:15:07	2	01:00	2	40:00	2:12:50
3	31	Tom Zuchowski	346	25	2	25:11	3	01:00	3	1:20:07	3	01:00	3	40:00	2:12:50
4	50	Joseph Wolf	315	29	4	27:16	4	01:00	4	1:20:07	4	01:00	4	40:00	2:12:50

Male 30 to 34

Overall				----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	1	Chris Dwyer	423	31	1	21:04	2	01:34	1	1:01:43	1	00:44	1	46:31	2:11:39
2	9	David Black	324	33	2	23:54	1	01:29	2	1:16:43	2	01:06	2	47:06	2:30:19
3	29	Steven Klosinski	413	30	3	24:17	4	02:18	3	1:23:20	3	01:25	3	55:34	2:46:56
DNF	DNF	James Catanzarite	332	34	4	29:19	3	01:44	4	1:37:29	4	01:50			

Male 35 to 39

Overall				----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	5	Rob Messmer	330	36	1	21:17	2	01:36	1	1:10:27	2	00:58	1	43:23	2:17:44
2	7	Christopher Woolley	328	37	2	21:55	1	01:25	2	1:13:54	1	00:44	2	46:12	2:24:12
3	39	Derek McFadden	314	38	3	30:13	3	02:10	3	1:23:20	3	02:46	3	58:41	2:57:12

Male 40 to 44

Overall				----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	10	Sean Cooney	316	41	2	22:18	1	01:40	1	1:15:44	2	01:08	3	49:59	2:30:50
2	15	joshua otstot	326	40	1	12:49	3	14:53	2	1:16:20	1	00:48	1	49:27	2:34:19
3	17	Robert Ekin	348	40	3	23:47	2	01:48	3	1:18:18	3	01:29	2	49:42	2:35:06

Male 45 to 49

Overall				----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	12	Stefan Pfuhrer	297	45	4	25:59	1	01:11	1	1:14:32	1	01:00	1	49:49	2:32:34
2	37	Ken Marshall	303	45	5	25:59	6	02:35	3	1:27:08	4	02:06	3	58:15	2:56:05
3	38	Domingo Balbi	405	46	3	25:53	4	02:13	2	1:26:10	3	01:57	5	1:00:04	2:56:19
4	41	Greg Elpers	322	45	7	28:38	2	01:59	7	1:31:49	2	01:24	2	55:20	2:59:12
5	42	Garry Phimister	298	47	1	24:16	5	02:14	5	1:29:07	8	02:37	7	1:01:07	2:59:23
6	44	John Graf	318	48	8	29:36	3	02:10	4	1:28:18	5	02:09	4	59:51	3:02:06
7	47	Todd Lang	290	49	6	28:17	8	03:27	6	1:29:25	7	02:17	6	1:00:05	3:03:34
8	57	George Rendell	356	49	2	25:08	7	03:11	8	1:36:33	6	02:17	8	1:24:37	3:31:48

Male 50

Overall				----- Swim -		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		Total
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Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	2	P.J. Arling	306	51	1	19:08	2	01:17	1	1:08:59	3	01:18	1	42:14	2:12:58
2	8	Jerry Swartzel Jr.	355	51	6	28:47	1	00:55	3	1:14:15	2	01:02	2	45:09	2:30:10
3	19	michael miller	351	50	7	28:55	3	01:53	2	1:13:12	1	01:00	6	53:44	2:38:46
4	20	Paul Heintz	292	52	5	28:28	8	02:38	5	1:20:24	5	01:31	3	46:35	2:39:37
5	21	Douglas Hart	358	51	3	25:30	4	02:12	4	1:19:50	6	01:49	5	51:06	2:40:29
6	26	Steve Steller	321	53	4	25:34	7	02:30	6	1:24:11	4	01:22	4	48:43	2:42:22
7	36	Jeffery Bastian	345	51	2	24:10	6	02:27	7	1:27:30	7	01:55	7	59:23	2:55:28
8	56	Robert Garriott	325	52	8	29:58	5	02:17	8	1:32:37			8	1:16:36	3:21:30

Male 55 to 59

Overall			Swim		T1		Bike		T2		Run		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	18	Stephen LeConey	333	55	2	25:13	2	01:44	1	1:17:11	1	01:24	1	51:33	2:37:07
2	49	ed paff	336	55	3	36:18	3	04:06	3	1:31:01	3	01:43	2	53:04	3:06:14
3	51	Rob Lyons	410	57	1	25:06	1	01:42	2	1:28:06	2	01:37	3	1:14:39	3:11:10

Male 60 to 64

Overall			Swim		T1		Bike		T2		Run		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	45	David Lasse	341	63	1	28:20	2	03:22	1	1:24:52	2	01:50	1	1:04:01	3:02:27
2	59	Bob Obermeyer	329	62	2	37:46	1	03:18	2	1:44:50	1	01:21	2	1:13:12	3:40:30

Olympic Triathlon - Elite Mast

Female 40 to 49

Overall			Swim		T1		Bike		T2		Run		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	3	CHERYL CHANEY	361	49	1	25:58	1	01:38	1	1:14:40	1	00:45	1	51:48	2:34:51

Male 40 to 49

Overall			Swim		T1		Bike		T2		Run		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time	Time		
1	1	Michael Boone	360	43	2	22:39	1	01:05	1	1:10:30	2	00:54	1	42:34	2:17:44
2	2	Scott Lang	363	41	1	17:17	2	01:33	2	1:14:02	1	00:36	2	54:11	2:27:40

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total Time</u>
1	1	Jesse Moore	401	37	1	28:57	1	05:51	1	1:35:05	1	04:03	1	1:27:11	3:41:08

Male 40 and over

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total Time</u>
1	2	Dave Waitkus	375	54	1	34:48	1	02:07	1	2:09:44	1	02:01	1	1:18:27	4:07:09

Olympic Triathlon - Athena

Female 0-99

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total Time</u>
1	1	Shauna Freiburger	376	45	1	37:25	1	02:07	1	1:57:43	1	01:43	1	1:37:33	4:16:33

Olympic Triathlon - Male Team

Male 0-99

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total Time</u>
1	1	Matt Akey	377	25	1	20:55	1	00:34	1	1:28:21	1	00:29	1	38:12	2:28:33

Olympic Triathlon - Coed Team

Female 0-99

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Total Time</u>
1	1	Jillian Jacobs	380	29	3	25:50	1	00:47	1	1:18:38			1	43:26	2:28:42
2	2	Dana Nebergall	419	26	2	23:17	4	01:31	3	1:27:56	2	00:45	2	53:47	2:47:18
3	3	Mary Ann Kokenge	379	53	4	26:20	3	00:52	2	1:25:41	1	00:38	4	57:44	2:51:16
4	4	Holly Haemmerle	378	36	1	18:19	2	00:48	4	2:09:47			3	54:42	3:23:37